|  |  |  | **Directions for Determining the Carry and Total Distance for Golf Clubs**  Follow these steps to determine, for each golf club in your bag:  **Carry** (how far the ball travels in the air) and  **Total distance** (how far the ball travels including roll)  **1. Choose a Golf Course (preferred), Open Field or Driving Range**   * Find a quiet area on the golf course, such as a practice area or an open hole where you can safely hit shots without interruptions.   **2. Select the Right Conditions**   * **Wind:** Aim to test clubs on a calm day with minimal wind for consistent results. * **Lie:** Hit shots from flat turf to ensure accuracy.   **3. Use a Rangefinder or GPS**   * Use a rangefinder, GPS device, or markers on the course to measure the exact distance to your target or where the ball lands.   **4. Warm Up Before Testing**   * Hit several practice shots with your shortest club to warm up. * Gradually work your way up to longer clubs to ensure your swing is consistent.   **5. Test One Club at a Time**   * **Mark the Start Point:** Use a tee or marker to note where you hit each shot. * **Hit 5 Good Shots Per Club- Do Not Count Shots That Don’t Feel Solid:**   + Use consistent swings.   + Aim at a specific target. * **Observe Where the Ball Lands:**   + Focus on where the ball first touches the ground (carry distance).   **6. Measure Carry Distance**   * Walk or use a GPS device to measure the distance from your starting point to where the ball first landed. * Record the distances of the 5 good shots. Add the distances together and divide by 5 to determine your average distance.   **7. Measure Total Distance**   * Note where the ball comes to rest after it rolls. * Measure the distance from your starting point to the ball’s resting place. * Record the total distance of the 5 good shots. Add the distances together and divide by 5 to determine your average distance.   **8. Record and Review Your Data**   * Write down the **average** **carry** and **total distance** for each club. * Use this data to adjust your club selection on the course for different shot types.   **Tips for Accuracy**   * Always use the same type of golf ball for consistent results. * Test your clubs regularly to account for changes in your swing or conditions. * Revisit your data after lessons or equipment changes.   This process will help you better understand your clubs and improve your decision-making on the golf course! |  |  |
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