|  |  |  | **Directions for Determining the Carry and Total Distance for Golf Clubs**Follow these steps to determine, for each golf club in your bag:**Carry** (how far the ball travels in the air) and**Total distance** (how far the ball travels including roll) **1. Choose a Golf Course (preferred), Open Field or Driving Range** * Find a quiet area on the golf course, such as a practice area or an open hole where you can safely hit shots without interruptions.

**2. Select the Right Conditions*** **Wind:** Aim to test clubs on a calm day with minimal wind for consistent results.
* **Lie:** Hit shots from flat turf to ensure accuracy.

**3. Use a Rangefinder or GPS*** Use a rangefinder, GPS device, or markers on the course to measure the exact distance to your target or where the ball lands.

**4. Warm Up Before Testing*** Hit several practice shots with your shortest club to warm up.
* Gradually work your way up to longer clubs to ensure your swing is consistent.

**5. Test One Club at a Time*** **Mark the Start Point:** Use a tee or marker to note where you hit each shot.
* **Hit 5 Good Shots Per Club- Do Not Count Shots That Don’t Feel Solid:**
	+ Use consistent swings.
	+ Aim at a specific target.
* **Observe Where the Ball Lands:**
	+ Focus on where the ball first touches the ground (carry distance).

**6. Measure Carry Distance*** Walk or use a GPS device to measure the distance from your starting point to where the ball first landed.
* Record the distances of the 5 good shots. Add the distances together and divide by 5 to determine your average distance.

**7. Measure Total Distance*** Note where the ball comes to rest after it rolls.
* Measure the distance from your starting point to the ball’s resting place.
* Record the total distance of the 5 good shots. Add the distances together and divide by 5 to determine your average distance.

**8. Record and Review Your Data*** Write down the **average** **carry** and **total distance** for each club.
* Use this data to adjust your club selection on the course for different shot types.

**Tips for Accuracy*** Always use the same type of golf ball for consistent results.
* Test your clubs regularly to account for changes in your swing or conditions.
* Revisit your data after lessons or equipment changes.

This process will help you better understand your clubs and improve your decision-making on the golf course! |  |  |
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